



# TCHS CHEERLEADER YELL-LEADER & MASCOT TRYOUT PREP CLINICS

**WHAT:** The current TCHS cheerleaders and coaches will be teaching stunts, jumps, tumbling and motion technique to help prepare you for tryouts.

**WHEN:** Held on the following Mondays: January 30th, February 6th, February 13th and February 27th. You may come to as many of the dates as you would like.

**WHERE:** TCHS small/middle gym.

**WHAT TIME:** From 4:30-6. We know MS candidates get out of school at 4:10, so please make it to the clinic as close to 4:30 as possible.

**HOW MUCH:** The clinics are free of charge!

**OTHER INFORMATION:** You will not be allowed to participate without filling out the release form. Please sign up by using the QR code and filling out the google doc. These dates are extra prep dates; they are not the actual tryout clinic dates, but these are **HIGHLY** encouraged. Please wear tennis shoes, T-shirt, and shorts. There is **NO JEWELRY** allowed or long fingernails! Visit the TCHS website for further tryout information at <https://www.lisd.net/Page/23375>

